

[FOR REGULAR OR FEMINIZED SEEDS \(Non-Autos\) General Hydroponics Trio](#)  
[BASED ON HAPPY FROG SOIL & TEMPERATURE AT ~78 DEGREES](#)

V. 23.e UPDATED 11/15/2023

[\\*HOW TO USE\\*](#)

[More Data From Journals & Manual Fan Speeds Added](#)

[TEST YOUR SOIL BEFORE YOU START FOR THE BEST RESULTS](#)

[TAP WATER IS TREATED - ADD 2 DROPS OF HYDROGEN PEROXIDE PER GALLON AND LEAVE EXPOSED TO AIR FOR AT LEAST 24 HOURS](#)

[WEEK 1 STARTS ONCE SEEDS SPROUT](#)

[ALWAYS FEED MORNINGS](#)

[STARTING WEEK 5, FLUSH IF TOP LEAVES HAVE NEON TIPS](#)

[\\*\\* WEEK 2 IS EQUIVALENT TO WHERE ROOTED CLONES START](#)

MEASUREMENTS BELOW ARE ML PER GALLON

	WEEK	Humidity	Fan Speed	Lighting(PPFD)	Light(hours)	Cal Mag	F. Micro	F. Grow	F. Bloom	pH (at end)
V E G	1	80% (DOME)	1	Dim, 250	18	0	0	0	0	6.2
	2	80% (DOME)	1	Dim, 275	18	0	0	0	0	6.2
	3	~70%	2	Light, 300	18	1	2	1	1	6.3
	4	~70%	3	Light, 350	18	1	4	1	2	6.3
	<a href="#">PRIME TIME TO TOP/CUT TOP</a>									
	5	~60%	4	Med, 400	18	1	5	1	3	6.3
	6	~60%	4	Med, 500	18	1	6	1	3	6.4
<a href="#">** WEEK 6 IS EXTENDED UNTIL PLANT REACHES DESIRED SIZE JUST FOLLOW SAME FEED/LIGHTING</a>										
<a href="#">FLIP/PILF</a>	<a href="#">DEFOLIATE ALL LARGE LEAVES ON BOTTOM HALF O PRIME TIME TO CLONE</a>									
F	7	~55%	5	Med, 600	12	1	5	2	5	6.4
L	<a href="#">PRIME TIME TO SEX/DESTROY MALES</a>									
O	8	~55%	6	Med, 700	12	1	4	3	6	6.5
W	9	~50%	7	Bright, 750	12	1	4	4	7	6.5
E	10	~45%	8	Bright, 800	12	1	4	3	9	6.4
R	<a href="#">** WEEK 10 IS EXTENDED FOR ~ 4-7 WEEKS UNTIL TRICHOMES ARE DESIRED COLOR, JUST FOLLOW SAME FEED/LIGHTING</a>									

[IF LEAVES ARE GREEN NEAR HARVEST, I FLUSH FOR 2 WEEKS\(REMOVE F MICRO\), BRING HUMIDITY DOWN TO ~45](#)

[CHOP](#)

**\*\* FLUSHING MEANS JUST FEED REGULAR PH BALANCED WATER WITHOUT ANY NUTRIENTS(YOU MIGHT SKIP A WHOLE WEEK)**

[IF YOU NOTICE LEAVES ARE YELLOW ONLY ON THE BOTTOM, POSTPONE FLUSH b/c PLANTS HUNGRY](#)

[IF YOU NOTICE BURNT NEON YELLOW TIPS ONLY ON THE TOP LEAVES \(EVENTUALLY BROWN\), FLUSH NOW b/c NUTE BURN](#)

**\*\* IF YOU ADD MICROBACTERIA(DON'T ADD H2o2 (hydrogen peroxide) )**

[HWGrow.com](#)

[QUESTIONS/PROBLEMS?](#)

[OUR SEEDS](#)

[IG - GROWWEEDEASIER](#)

[THANK ME](#)

[FOR AUTO FLOWERING SEEDS W/ General Hydroponics Flora Trio](#)

V. 23.e UPDATED 11/15/2023

[\\*HOW TO USE\\*](#)

[USE PROMIX HP FOR AUTOS!! HAPPY FROM WILL HAVE PLANTS FLOWERING AT DAY 20!!](#)

[Data, Less Nutes & Fan Speeds](#)

[TEST YOUR SOIL BEFORE YOU START FOR THE BEST RESULTS](#)

TAP WATER IS TREATED - ADD 2 DROPS OF HYDROGEN PEROXIDE PER GALLON AND LEAVE EXPOSED TO AIR FOR AT LEAST 24 HOURS

ALWAYS FEED 30 MINS AFTER LIGHTS ON

[IMPORTANT: STARTING WEEK 5, FLUSH IF TOP LEAVES HAVE NEON TIPS](#)

[GERMINATE DIRECTLY INTO YOUR FINAL POT!!](#)

MEASUREMENTS BELOW ARE ML PER GALLON

	WEEK	<a href="#">Humidity</a>	<a href="#">Fan Speed</a>	<a href="#">Lighting(PPFD)</a>	<a href="#">Light(hours)</a>	<a href="#">Cal Mag</a>	<a href="#">F. Micro</a>	<a href="#">F. Grow</a>	<a href="#">F. Bloom</a>	<a href="#">pH (at end)</a>
V E G	1	80% dome	1	Dim, 250	18	0	0	0	0	6.2
	2	80% dome	1	Dim, 350	18	0	0	0	0	6.2
	3	~70%	2	Med, 400	18	1	2	1	1	6.3
	4	~70%	3	Med, 500	18	1	4	1	2	6.3
	<a href="#">TOP IF YOU CAN, IT WILL PROLONG FLOWERING</a>									
	5	~60	4	Med, 500	18	1	5	1	3	6.4
	<a href="#">** WEEK 5 IS EXTENDED UNTIL PISTILS(WHITE HAIRS) START TO FORM, JUST FOLLOW SAME FEED/LIGHTING</a>									
F	** IF PISTILS FORM BEFORE WEEK 5, JUMP TO WEEK 6 BELOW AS SOON AS YOU NOTICE PISTILS									
L	<a href="#">**DEFOLIATE BOTTOM HALF LEAVES AND PRUNE LOWER BRANCHES WHEN YOU NOTICE PISTILS</a>									
O	6	~55%	5	Med, 550	18	1	4	2	3	6.4
W	7	~55%	6	Med, 600	18	1	4	3	4	6.5
E	8	~50%	7	Bright, 650	18	1	4	4	4	6.5
R	9	~45%	8	Bright, 700	18	1	3	3	7	6.4
	<a href="#">** WEEK 9 IS EXTENDED FOR ~ 4-7 WEEKS UNTIL TRICHOMES ARE DESIRED COLOR, JUST FOLLOW SAME FEED/LIGHTING</a>									

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[CHOP](#)

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[THANK ME](#)

If you value what I teach, you could support me through [PATREON](#) or by simply by purchasing using the links.

All links have been price shopped for the best possible price. Some are affiliates and some aren't (if they're cheaper elsewhere)

Unlike most sites/channels, I am not sponsored in any way and I will keep it that way. Best products recommended only

[I have used everything on this list personally, check my reviews](#)

[COMPLETE GUIDE ON HOW TO SETUP TENT](#)

[BEGINNER MASTERCLASS ON HOW TO GROW](#)

[LIGHTS: video link explaining how to choose the best value](#)

LIGHTS ARE MVP!!!

[3 x 3 tent, Spider Farmer SFPro2000, Dimmer 200W LM301H EVO \\$220](#)

Clip Coupon & Use Code: **SFHWGROW**

[4 x 2 tent, Spider Farmer SF2000, LM301B 200W 606 Diodes \\$220](#)

Clip Coupon & Use Code: **SFHWGROW**

[4 x 4 tent, MARS HYDRO FC4800 Bar Light LM301B 1680 \\$460](#)

CLIP COUPON Use CODE **howweedgrow**

[5 x 5 tent, Spider Farmer SE7000 2688 LM301B 1680 \\$645](#)

**USE CODE SFHWGROW ON AMZN**

[Timed Outlet BN-Link \\$10](#)

[Photone App for Measuring PPFD/Light Intensity](#)

[Video showing it's Use](#)

[Mars Hydro is confirmed in my Strain Hunt 2023](#)

[Spider Farmer is confirmed in my 2022 Strain Hunt](#)

## SOIL/NUTRIENTS

[Froggy Soil - DO A SLURRY TEST 2 Cubic Feet \\$35](#)

[I did soil testings, high variance so with prep, great results](#)

[Fabric Pots, Cheap as Generics Now, \\$20](#)

**[DON'T GROW AUTOS IN SOIL, USE COCO OR HYDRO](#)**

[Perlite](#)

[20 ML Syringe](#)

[TPS Silica](#)

[General Hydro Trio \\$32](#)

[pH Up and Down - set \\$20](#)

[CaliMagic](#)

[H2o2](#)

[Epsom Salt](#)

[MVP Dunk Bucket](#)

[PROOF](#)

[Best pH Meter - Waterproof, reliable, measures PPM & Temp too \\$27 CLIP COUPON](#)

## GROW TENTS

[3 x 3 AC infinity - Stronger Poles, Better Mylar \\$129](#)

Mylar on Vivosun Deteriorates

**USE CODE homegrowtv10 On Amazon**

[4 x 2 AC Infinity - Stronger Poles, Better Mylar \\$139](#)

Generics have fallen apart

[4 x 4 AC Infinity - Stronger Poles, Better Mylar \\$169](#)

AC infinity has diamond and thicker poles, but zippers still snag as do all

## VENTILATION

[Spider Farmer 6 Inch Inline Fan Kit for 4x4 \\$170](#)

**Clip Coupon & Use Code: SFHWGROW**

[How to Setup](#)

[Spider Farmer 4 Inch Fan Kit for 2x4 & 3x3 \\$142](#)

[Use fan speed listed on chart \(eyeball it 0-10 on dial\)](#)

[Small Indoor Oscillating Fan \\$14](#)

[Rarely do you ever find oscillating fans, this is small but powerful](#)

[Best Dehumidifier \\$190](#)

[Best Humidifier \\$100](#)

[VIDEO ON TOP 10 GROW TOOLS](#)

[HWGrow.com](#)

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